Contact Lens Fitting Agreement

Contact lenses are medical devices that require additional testing to ensure safety and an accurate prescription. After your initial exam, the doctor can discuss contact lens options with you.

The fitting includes:
- Professional examination of contact lens fit and power
- Contact lens-related follow-up care for up to 45 days and 3 visits. Additional visits charged at normal visit charges.
- Complimentary trial pair of contact lenses (if available)
- Professional insertion and removal training (if necessary)
- Trial-size contact lens solution and new contact lens case

The fitting fee is for professional services and does not include the cost of the lenses.

Contact lens prescriptions will only be released after the initial fitting period is successfully completed (which must include the examination, fitting, and follow-up visits), and after all fees are paid.

Please note that fees for professional services, such as examination fees and contact lens fitting fees, will not be refunded once fitting starts. By signing below, you acknowledge that you understand this agreement and that you have had an opportunity to ask questions about the agreement and services provided.

I, __________________________, understand that contact lenses have many benefits, but as with any other drug or device, they are not without possible risks. A small percentage of wearers develop serious complications including corneal ulcers which can lead to permanent eye damage and vision loss. I agree to follow the advice and instructions given to me by the doctor. I will remove my lenses and seek care immediately if I experience any unexplained eye pain, redness, or vision change.

Patient or Guardian Signature ________________________

Contact Lens "Do's" and "Don'ts"

"Do's"
- Clean and disinfect after each wearing with fresh disinfecting solution.
- Keep your storage case clean.
- Put make-up on after inserting contact lenses.
- We recommend you keep a pair of spectacles in case of eye problems and keep a spare pair of contact lenses especially for trips.
- Keep your nails trimmed to avoid damaging lenses.
- Always wash and rinse hands well before handling contact lenses.
- Always remove and insert the same lens first. "Pick right or left and stick with it."
- If eyes get red, take your lenses out and call the office.
- Always check to see if lens is inside out.
- Keep a lens case and lubricating drops with you at all times.
- Put rewetting drops in eye with contacts on at least 4 times a day to keep contact lens moist. Rewetting becomes especially important while doing a lot of near-face work due to decrease in blink rate. Air conditioning and heating will also dry contact lenses. If dryness becomes severe, take lenses out, clean and rinse. If dryness persists, call our contact lens specialist.
- Put one rewetting drop in eye before removing your contact lenses.
- Call the office to speak with our Contact Lens Specialist if there are any questions.

"Don'ts"
- Don't use disinfecting solution or saline more than one time. Always use fresh solution daily.
- Don't soak contact lenses in saline alone. Soak in a disinfecting solution.
- Don't handle a dried-out lens until you have placed solution on it and it is hydrated.
- NEVER wet your lenses with saliva.
- Don't put medications (Visine, Murine) in your eyes while you are wearing your lenses. If you do use medications, wait 15 minutes before you insert your lenses.
- Never sleep or nap in daily wear lenses. If you accidentally fall asleep, flush your eyes with saline or lubricating drops for several minutes before removing lenses.
- Avoid hair sprays or other fumes.
- Don't over-wear your lenses. Recommended wearing time is 12-14 hours daily for soft lenses and 12-16 hours daily for RGP lenses.
- Don't use soaps that contain lotions, creams, or perfumes. We recommend Neutrogena or Ivory soap.
- Don't let your fingernails touch lenses.
- Don't rest the cap of a solution bottle on any surface. Don't touch dropper to eye. This can cause contamination.
- Don't rinse soft lenses with tap water or bottled water. Gas-permeable rigid lenses can be rinsed with cool tap water.
- Don't swim in contact lenses. Goggles are helpful, but lenses might still wash out.